

Who We Are

full potential.

At our Teen Centers in St. Helena and Calistoga, we provide safe, supportive spaces where teens (ages 13–18) can connect, grow, and thrive. Through mentorship, academic support, leadership opportunities, and wellness programs, we empower every teen to reach their



Join Us!

Who Can Join?

Youth ages 13-18 who live or attend school in the Upper Napa Valley.

Hours

After school until 6 pm*
*Occasionally there are programs
that allow for late nights!

St. Helena Teen Center

1255 Oak Ave

707-339-7152





Welcome to our Teen Centers





"The staff and friends make the club a safe and welcoming place where I can be myself." ~Jayden

"The Teen Center helped me evolve into the best version of myself. I'm not alone with my troubles." ~Irish

"The Teen Center is a place where I find my strength, my voice, and the courage to become who I am meant to be." ~Kennia

Programs Include

Academic & College Support



- Professional College and Career Counselor on staff
- Dedicated Homework and Tutoring Sessions
- · Community Volunteer and Staff Tutors
- · College Tours during summer

Leadership & Life Skills



- Keystone Leadership Club
- Community Service
- Mentorship, Public Speaking, Career Readiness

Wellness & Mental Health



- Teen Mental Health Retreats
- Mindfulness activities
- Supportive peer spaces

Creative Expression & .Recreation



- Art
- Music
- · Digital media
- Gaming
- Social events just for teens



A Place That Gets You

Our Teen Centers are built for real life—not just school. Whether you're figuring out who you are, planning your future, or just need a place to chill, we've got your back.

- Safe, inclusive, and judgment-free
- Caring mentors who are ready to listen
- Friends, support, and fun every day
- Help when you need it—from people who care